Ball Hockey Kit list

Personal Gear

Sleeping Bag

Clothing for 2 days

Sport clothes and running shoes

Hockey stick indoors if you own one

Socks

Long underwear

Toiletries (toothpaste and Brush) and Towel

Hygiene Kit (shampoo, soap, Deodorant)

Snacks if wanted (Meals will be provided)

Water Bottle

Flip Flops for shower

Your good attitude